WINCHESTER RFC

CODES OF CONDUCT FOR

COACHES



OUR GOOD COACHES CODE

AT WINCHESTER RFC COACHES OF YOUNG PLAYERS SHOULD:

* Recognise the importance of fun and enjoyment when coaching young players.
* Most learning is achieved through doing.
* Appreciate the needs of the players before the needs of the sport.
* Be a positive role model ‐ think what this implies.
* Keep winning and losing in perspective ‐ encourage young players to behave with dignity in all circumstances.
* Respect all referees and the decisions they make (remember it could be you refereeing next week) and ensure that the players recognise that they must do the same.
* Provide positive verbal feedback in a constructive and encouraging manner, to all young players, both during coaching sessions and games.

AT WINCHESTER RFC COACHES OF YOUNG PLAYERS MUST:

* Provide experiences, which are matched to the young players’ ages and abilities, as well as their physical and mental development.
* Ensure all youngsters are coached in a safe environment, with adequate first aid readily to hand.
* Avoid the overplaying of the best players, by using a squad system, which gives everybody a satisfactory amount of playing time.
* Never allow a player to train or play when injured.
* Ensure good supervision of young players, both on and off the field.
* Recognise that young players should never be exposed to extremes of heat, cold, or unacceptable risk of injury.
* Develop an awareness of nutrition as part of an overall education in lifestyle management.
* Recognise that it is illegal for young players under 18 to drink alcohol.
* Ensure that their knowledge and coaching strategies are up to date and in line with RFU philosophy.
* Be aware of, and abide by, the RFU recommended procedures for taking young people on residential tours at home and abroad.