

DORKING CYCLING CLUB

55th Annual

EAST SURREY HARDRIDERS

OPEN TIME TRIAL

SUNDAY 10TH MARCH 2019



John Dewey, winner of the 2017 event, sets Liam Maybank off on his way to victory last year

Supported by:







The Event's History

In 1958 East Surrey RC members Ken Duncumb and Bim Dore had an idea that the club could hold a challenging, hilly, non-standard distance, early season event over local roads to test members' fitness for the start of the racing season. They took it upon themselves one Saturday morning ride to devise a course. This initially started on Reigate Heath, followed the A25 to Dorking then the A24 into Horsham where it turned left along Wimblehurst Road, North Heath Lane and Giblets Lane to take a sharp left hand turn into Rusper Road. Then via Hurst Hill, Rusper, Newdigate, Parkgate, the cross roads in the centre of Leigh and Flanchford to finish back at the start.



The first year Ken was unable to compete as he was on National Service but he was able to ride in 1960 and won the club event.

Despite some March mornings experiencing very cold and icy conditions, in 1963 ESRC decided to develop their "hard hilly ride" into an open event. So in 1964 riders from other clubs undertook the test as well. However, no newcomer was able to beat East Surrey's own John Fisher.

Over the years changes to the course have become necessary due to the increase in traffic, construction of the Capel and North Horsham bypasses, and the need to eliminate a right turn at Dawes Green. The original course was around 3 miles longer than the current 29.9 mile route.

The list of past winners shows that the event has attracted many top riders over the years. A number of these, as well as local clubmen, have ridden the event many times, justifying the popularity of this kind of early season test. Dorking Cycling Club took over the promotion of the event in 2017.

Dorking Cycling Club

55th Annual East Surrey Hardriders Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

At 8:00 am on Sunday 10th March 2019 on Course GS/419

Event Headquarters

Leigh Village Hall Bunce Common Road, Dawes Green, Leigh, Near Reigate, Surrey, RH2 8NP

Event Secretary: Paul Medcraft, Holcombe Copse Cottage,

Westcott Heath, Westcott, Surrey RH4 3JZ

Telephone: 07836 631829 email: dorking.hardriders@gmail.com

Timekeeper: Mrs Lesley Donington **Assistant Timekeeper**: Mr Mick Irons

Welcome to the 55th running of the East Surrey Hardriders Open Time Trial

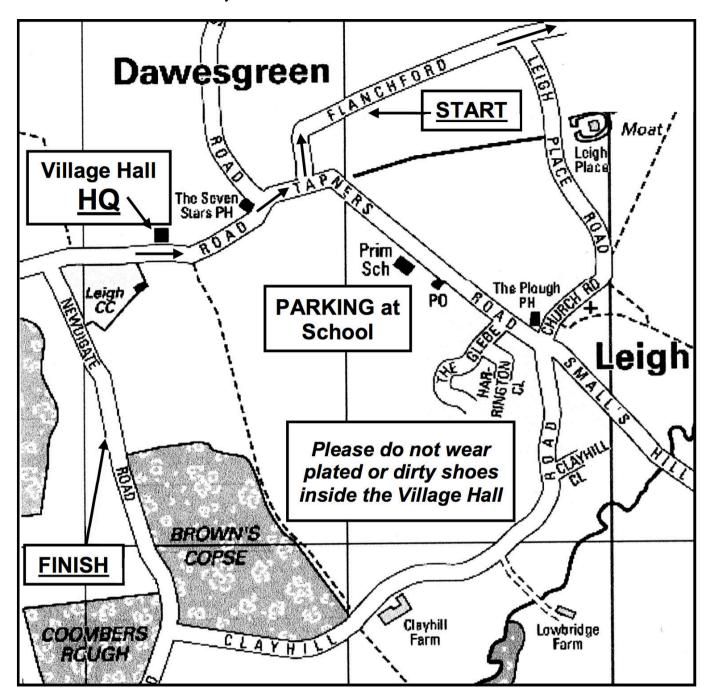
This year's field includes past winners Liam Maybank and Mark Aldred (Road Bike).

Acknowledgements

Our grateful thanks go to the following:

- Martin Aldridge and Keith Wilkinson for their assistance and advice.
- TrainerRoad for their generous donation to the prize fund.
- The members of Dorking Cycling Club who have volunteered to marshal, organise and otherwise assist in promoting the event, in particular Richard Woodroffe, Mike Baker and David Light.

HQ, Start and Finish Area



IMPORTANT NOTES ABOUT PARKING

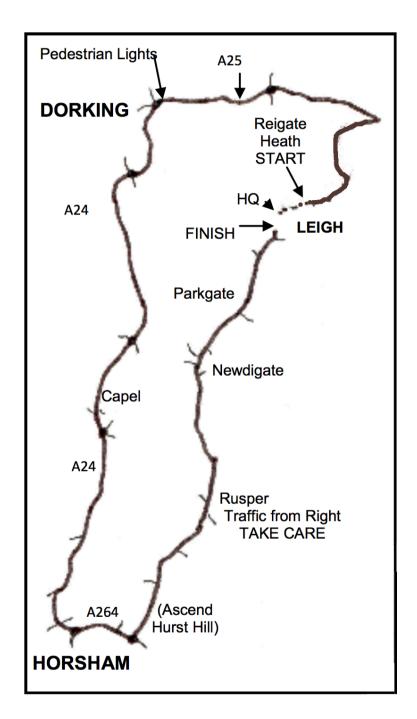
- No vehicles are to be parked on the road anywhere in the village.
- There is limited space for parking in front of the Village Hall and on the opposite side of the road outside the entrance to the Cricket Club.
- The MAIN PARKING AREA is at the North Downs Primary School (see map). Please park only on the tarmac.
- If you park at the Seven Stars, please be particularly quiet and ensure that you leave by 11:30am unless you are planning to become a customer after the race.

IMPORTANT INSTRUCTIONS TO RIDERS

- Please be aware of CTT Regulation 17(b): In Type A (open) events a
 competitor must return to the event HQ either during the event or within a
 reasonable time after the last rider has finished the event and must (i) return
 their race number(s); and (ii) sign the official signing-out sheet. A rider who
 fails to so sign the official signing-out sheet shall be recorded as DNF.
- Numbers are to be collected from the HQ at the Village Hall and signed for individually by each rider. Allow adequate time for this.
- Changing rooms, a shower and toilets are available at the main HQ. Details
 of any additional hazards not mentioned in this start sheet will be displayed
 at the signing on point. All competitors must read these.
- Allow five minutes by bike from the school car park to the HQ. To reach the start from the HQ, turn left out of the HQ and take the **second** road on the left (**NOT** the road by the pub). Distance to the start is approximately one third of a mile.
- Competitors are requested not to warm up on the course after the first rider has started.
- At this time of the year road surfaces, particularly in the lanes, will not be perfect so if you use light tyres you will probably puncture! Take care at each roundabout. Care is also needed if using tri-bars.
- You are reminded of Regulation No. 22(a) in the CTT handbook: "A competitor shall not be preceded, accompanied, followed by or in any way receive assistance from a motorised vehicle or its occupants". This means that having a following car gets you disqualified.
- It is a London South District Regulation that no vehicles, except those of the Timekeepers and Event Officials, shall be parked in the vicinity of the start and finish areas.
- There are pedestrian crossing traffic lights after 4·9 miles just before the Deepdene roundabout at Dorking and **riders must obey these**.
- Official Observers will be stationed around the course.
- CTT Regulations require the compulsory use of a helmet for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Riders under the age of 18 are required to provide a completed Parental Consent form before being allowed to sign on and compete.
- It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- Please do not make any noise or do anything that might annoy the local residents.
- Please do not wear plated or dirty shoes inside the Village Hall.
- Please keep your head up and enjoy a safe ride.

Course Map

GS/491 29.9 Miles



Riders must obey the traffic lights at the pedestrian crossing on the A25 just before Deepdene Roundabout in Dorking.

There will be observers and / or Police at this point.

CTT LONDON SOUTH DC

Course GS/491 - 29.9 miles

Dawes Green / Reigate Heath / Dorking / Beare Green / Great Daux / Rusper / Newdigate / Parkgate / Dawes Green - A25 / A24 / A264 / unclassified

START in Flanchford Road. Dawes Green, at eastern end of rough lay-by just beyond first 30 MPH sign and 260 yards north of junction with Tapners Road.

Follow Flanchford Road eastwards via narrow river bridge to Flanchford Farm, **LEFT**, still in Flanchford Road, to Trumpets Hill. Bear RIGHT and proceed over Reigate Heath to junction with A25.

LEFT and follow A25 via Betchworth RBT (roundabout) to Deepdene RBT (CHECK)

LEFT first exit and follow A24 to North Holmwood RBT. Straight on via Beare Green and Clark's green RBTs to Great Daux RBT. Straight on 1 st exit, now on A264 to Rusper Road RBT (CHECK)

LEFT first exit and follow unclassified road up Hurst Hill to Rusper. Bear LEFT at junction by Star Inn. Bear **RIGHT** at next junction and proceed via Newdigate to junction with Broad Lane at Parkgate.

LEFT into Broad Lane which becomes Clayhill Road and then Newdigate Road to **FINISH** opposite rough lay-by on Right just before Oakleigh Garden Farm gate on Left, 220 yards past junction with Clayhill Road and 560 yards before T junction at Dawes Green.

AFTER FINISHING continue to the T junction and turn right to the HQ. Riders' finishing times will be relayed to the result board in the HQ and riders or their supporters MUST NOT request times at the finish line.

PLEASE NOTE: Whilst every effort will be made to marshal the course adequately and position appropriate signs the onus for taking the correct route rests with each rider, so please study the course details carefully. The marshals only indicate the route to be taken by riders and do not in any way control the flow of traffic.

Road Bike Start Sheet

To be eligible for this competition you must be riding a bicycle that has: drop handlebars; no aerobars; no discs, Tri/Quad spoke wheels; wheels with rims no deeper than 60mm.

The rider: must wear a helmet that is legal in a road race i.e. no pointy TT helmets or those with cut-off tails such as the Kask Bambino; can wear a skinsuit; can wear shoe covers.

Please email the organiser in advance with any queries that you have about whether your bike/equipment/clothing is suitable. It is not the role of the timekeeper or any start line staff to provide guidance on eligibility – this must be confirmed in advance. The organiser's decision on eligibility is final. Anyone entered into the road bike competition but being judged ineligible on the day will be switched to the TT competition for results and prize purposes.

No.	Start	Name	Club	Cat.	Age
1	8:01	Antony Smith	Dorking Cycling Club	V	41
2	8:02	Edward Cronan	Paceline RT		28
3	8:03	Danny Halpin	Bristol CX	V	45
4	8:04	Neil Fones	Oxted Cycle Club	V	56
5	8:05	Neill Keaney	Onyx RT	S	37
6	8:06	Francis Jago	Paceline RT	V	52
7	8:07	Ivor Hewitt	Oxted Cycle Club	V	47
8	8:08	Matthew Day	Addiscombe CC	V	52
9	8:09	Kevin Austen	34 Nomads CC	V	49
10	8:10	Grant Fraser	Paceline RT	S	31
11	8:11	Russell Hicks	Oxted Cycle Club	V	64
12	8:12	Matt Twelvetrees	Horsham Cycling	S	31
13	8:13	Ryan Peirce	Dorking Cycling Club	S	36
14	8:14	Bruce Campbell	Oxted Cycle Club	V	48
15	8:15	Gareth Thomas	Paceline RT	S	33
16	8:16	David Churchill	Direct Power Cycling Team	V	59
17	8:17	Mark Yetman	Dorking Cycling Club	S	36
18	8:18	Tim Craton	Oxted Cycle Club	V	49
19	8:19	David Motton	Redhill CC	V	43
20	8:20	Harry Bunnell	Kingston Wheelers CC	S	33
21	8:21	Tony Longhurst	Oxted Cycle Club	S	39
22	8:22	Sophie Household	Charlotteville Cycling Club	WS	26
23	8:23	Craig Lawrence	Kingston Wheelers CC	S	31
24	8:24	Marcel Rizza	Oxted Cycle Club	V	57
25	8:25	Thomas Whatley	Paceline RT	S	31
26	8:26	Daniel Sharp	Charlotteville Cycling Club	V	46
27	8:27	Rosamund Bradbury	Sigma Sports	WS	30
28	8:28	Brian Tidey	Oxted Cycle Club	V	63
29	8:29	Duncan Rimmer	Morden CRC	V	43
30	8:30	David Pollard	In-Gear Quickvit Italy Bike Tours RT	V	61
31	8:31	Tim Moody	Addiscombe CC	S	25
32	8:32	Mark Gidney	Southborough & Dist. Whs	V	57
33	8:33	Pete Burford	Oxted Cycle Club	V	64
34	8:34	Andrew Ramsay	Dorking Cycling Club	V	68
35	8:35	Mark Aldred	Kingston Wheelers CC	S	31

Open Start Sheet

No.	Start	Name Club		Cat.	Age
38	8:38	Nigel Robathan	Dorking Cycling Club		53
39	8:39	Stephen Roach	Norwood Paragon CC		47
40	8:40	Ben Elliott	C and N Cycles RT		36
41	8:41	Dominic Hill	Bec CC		45
42	8:42	Colin McDermott	Festival Road Club		51
42	8:43	Keith Brown	Southborough & District Wheelers		47
44	8:44	Colin Gray	Norwood Paragon CC		57
45	8:45	Chris Holmes	Twickenham CC		43
46	8:46	Jonathan Pontin	Addiscombe CC		28
47	8:47	Nigel Langridge	Crawley Wheelers		54
48	8:48	James Cheeseman	N+1 - Lindfield Coffee Works		33
49	8:49	Morten Andersen	Dorking Cycling Club		46
50	8:50	Henrik Persson	Kingston Wheelers CC	S	35
51	8:51	David Shepherd	a3crg	V	58
52	8:52	Phil Ember	Paceline RT	V	45
53	8:53	Gavin Hughes	Kingston Phoenix RC	V	51
54	8:54	Reuben Evans	Bigfoot CC	S	26
55	8:55	Mark Bashford	East Grinstead CC (Merlin Cycle Coaching)		35
56	8:56	Rupert Robinson	Crawley Wheelers		47
57	8:57	Simon Smythe	Norwood Paragon CC		50
58	8:58	Jez Parsons	Brighton Excelsior CC		52
59	8:59	Andy Appleyard	34 Nomads CC	V	40
60	9:00	Howard Bayley	Blazing Saddles	V	44
61	9:01	Adrian Blacker	C and N Cycles RT	V	55
62	9:02	Richard Birtwhistle	Sydenham Wheelers	V	63
63	9:03	Dan Pullen	N+1 - Lindfield Coffee Works	V	43
64		Geoff Smith	Eastbourne Rovers CC	V	68
65	9:05	Andy Lack	Paceline RT	V	49
66	9:06	Jim Burdett	Addiscombe CC	V	50
67	9:07	Iain Duncan	Crawley Wheelers		46
68	9:08	Mike Boyce	a3crg		63
69	9:09	Christopher Rosam	Epsom CC	V	58
70	9:10	Alice Lethbridge	DRAG2ZERO	WS	34
71	9:11	Madelaine Lee-Smith	Oxted Cycle Club	WV	47
72	9:12	Teresa Goddard	Kingston Wheelers CC		55
73	9:13	Lisa Stephenson	Beaconsfield Cycling Club		44
74	9:14	Mandy Border	Crawley Wheelers		42
75	9:15	Angela Carpenter	a3crg		50
76	9:16	Angela Radden-Rutt	JAM Cycle Race Team coached by BPC		39
77	9:17	Amy Monkhouse	Storey Racing		17
78	9:18	Richard Hill	Sydenham Wheelers		54
79	9:19	Peter Owen	Norwood Paragon CC		57
80	9:20	Mark Smith	Crawley Wheelers	V	45

No.	Start	Name	Club	Cat.	Age
81	9:21	James Goward	Farnborough & Camberley CC		47
82	9:22	Tony Reeves	GS Stella		47
83	9:23	Chris Hewitt	Oxted Cycle Club		35
84	9:24	Simon Pontin	Addiscombe CC		22
85	9:25	Andrew Bradbury	Paceline RT		31
86	9:26	Paul Haywood	Epsom CC		44
87	9:27	Jim Ford	Dorking Cycling Club		55
88	9:28	Matthew Siviter	Beaconsfield Cycling Club		42
89	9:29	Anthony Brown	Horsham Cycling		63
90	9:30	Leo Hayter	VC de Londres	J	17
91	9:31	Steve Dennis	East Grinstead CC (Merlin Cycle Coaching)	V	55
92	9:32	Paul Burton	Paceline RT	S	37
93	9:33	Duncan Coulter	Rapha Cycling Club	S	28
94	9:34	Phil Gall	Epsom CC	V	48
95	9:35	Dale Lush	Kingston Phoenix RC		40
96	9:36	Richard Gifford	trainSharp	V	56
97	9:37	Peter Gray	Old Portlians CC		64
98	9:38	Jed Rock	Dorking Cycling Club	V	50
99	9:39	Mark Weight	Njinga Cycling		50
100	9:40	Simon McNamara	South Downs Bikes / Casco Pet		43
101	9:41	Antony Bee	Wigmore CC	V	54
102	9:42	Jon Saunders	Charlotteville Cycling Club	S	27
103	9:43	Jon Fry	Horsham Cycling	V	48
104	9:44	Mark Van Niekerk	Dorking Cycling Club	V	46
105	9:45	Dan Sadler	AeroCoach	V	41
106	9:46	Ian Bray	Addiscombe CC	S	32
107	9:47	Simon Trehearn	Kingston Phoenix RC	V	44
108	9:48	Liam Smith	Kingston Wheelers CC	S	26
109	9:49	Conor Boyle	Woking Cycle Club		45
110	9:50	Liam Maybank	Twickenham CC	V	46









2019 Prize List

Open Competition

Fastest Times:

- 1st £100 and a month's subscription to TrainerRoad
- 2nd £70
- 3rd £40
- 4th £25
- 5th £15

The overall winner will also hold the Paul Barrows Cup for one year.

Fastest Team of three riders from the same club: £25 each

Fastest Women:

- 1st £75 and a month's subscription to TrainerRoad
- 2nd £40
- 3^{rd} £25

Fastest Junior: £25 and a month's subscription to TrainerRoad

Veterans on VTTA standard times (for 30 miles):

- 1st £75 and a month's subscription to TrainerRoad
- 2nd £40
- 3rd £25

First team of three veterans from the same club on VTTA standard times: £20 each

Riders are entitled to win multiple prizes. Riders on the Open startsheet and riding a road bike will be eligible for a result and prizes in the Open competition only.

Road Bike Competition

Fastest Time: £50 and a month's subscription to TrainerRoad Fastest Woman: £20 and a month's subscription to TrainerRoad First Veteran on VTTA standard times (for 30 miles): £20 Fastest Team of three riders from the same club: £15 each

Riders are entitled to win multiple prizes within the road competition.

N.B. Any cash prizes not collected on the day of the race will be considered as donations to Dorking CC's chosen charity for 2019

Past Winners

(number of wins in brackets)

54	2018	Liam MAYBANK (2)	Twickenham CC	01:04:19	
53	2017	John DEWEY	Team Bottrill / Vanguard	01:02:53	(Course Record)
52	2016	Rob SHARLAND	Paceline RT	00:59:43	(Short Course)
51	2015	Chris McNAMARA	Pedal Heaven	01:00:16	(Short Course)
50	2014	Liam MAYBANK	Twickenham CC	01:01:18	(Short Course)
49	2013	Steve BERRY (2)	Team Swift	01:07:05	,
48	2012	Steve BERRY \ ^	Team Swift-Allsports	01:05:57	
47	2011	Wouter SYBRANDY (2)	Sigma Sport	01:06:01	(30Ml. Course Record)
46	2010	Wouter SYBRANDY	Sigma Sport	01:07:44	(**************************************
45	2009	Richard PREBBLE (2)	Pinarello RT	01:07:34	
44	2008	Mathew BOTTRILL	De Rosa RT	01:07:25	
43	2007	Pete TADROS	In-Gear Quickvit RT	01:07:51	
42	2006	Ray HUGHES (4)	Clarence Wheelers	01:10:45	
41	2005	Paul MILL	Team Edwardes	01:10:43	
40	2003	Michael HUTCHINSON (4)	Team MDT Giant	01:07:38	(Short Course)
	2004	, ,	Team MDT Giant		(Short Course)
39		Michael HUTCHINSON		01:09:20	
38	2002	Sean YATES (2)	Team Clean	01:10:42	
37	2001	Michael HUTCHINSON	Team MDT Giant	01:10:02	
36	2000	Michael HUTCHINSON	Bio RT	01:09:27	
35	1999	Richard PREBBLE	Team Clean	01:12:24	
34	1998	Tim STEVENS (3)	Team Clean	01:11:49	
33	1997	Sean YATES	Team Clean	01:08:58	(32Ml. Course Record)
32	1996	Tim STEVENS	Team 2000	01:12:36	
31	1995	Peter MAIN	34 Nomads CC	01:11:37	
30	1994	Gethin BUTLER (2)	RT Italia	01:11:38	
29	1993	Steve ELMS	East Grinstead CC	01:13:46	
28	1992	Simon COPE	Unsponsored Professional	01:14:12	
27	1991	Gethin BUTLER	Norwood Paragon CC	01:13:18	
26	1990	Ray HUGHES	Clarence Wheelers	01:17:58	
25	1989	Ray HUGHES	Clarence Wheelers	01:12:59	(Short Course)
24	1988	Steve HACKETT	Wembley CC	01:17:53	(3.13.1 333.33)
23	1987	Tim STEVENS	34 Nomads CC	01:16:47	
-	1986	(Event Cancelled – Snow)	o i Nomado o o	01.10.17	
22	1985	Pete SANDERS	Manchester Wheelers	01:16:30	
21	1984	Andrew SMITH	Clarence Wheelers	01:17:49	
20	1983	John OAKES (3)	Anglia Sport	01:17:43	
19	1982	Ray HUGHES	Clarence Wheelers	01:16:36	
18	1981	John OAKES	Bedouin CC / GB Cycles	01:10:50	
17	1980	John OAKES	Bedouin CC / GB Cycles Bedouin CC / GB Cycles	01:17:34	
16	1979	Roger DUNNE	London St. Christophers CC	01:19:08	
15	1978	Eddie ADKINS	VC Slough / Office Associ.	01:16:15	
14	1977	Dave STALKER	Feltham RC	01:21:30	
13	1976	John LYONS (3)	CC Orpington	01:23:40	
12	1975	Dave ELDRIDGE	Addiscombe CC	01:19:25	
11	1974	John LYONS	Bec CC	01:26:50	
10	1973	Doug SHEEHY	Hainault RC	01:21:00	
9	1972	John LYONS	Morden CC	01:21:44	
8	1971	John SMITH	Addiscombe CC	01:22:57	
7	1970	Robin BUCHAN (4)	Norwood Paragon CC	01:19:28	
6	1969	Robin BUCHAN	Norwood Paragon CC	01:19:17	
5	1968	Robin BUCHAN	Norwood Paragon CC	01:21:37	
4	1967	Robin BUCHAN	Norwood Paragon CC	01:22:35	
3	1966	Dave KNIGHT	VC St. Raphael	01:21:25	
2	1965	Mick BURREN	East Surrey RC	01:23:05	
1	1964	John FISHER (2)	East Surrey RC	01:22:55	
-	1963	John FISHER `	East Surrey RC—Club Event	01:20:38	
-	1962	Paul HUMPHREY	East Surrey RC—Club Event	01:27:00	
-	1961	Andy ELLIOT	East Surrey RC—Club Event	01:26:48	
-	1960	Ken DUNCUMB	East Surrey RC—Club Event	01:27:27	
-	1959	Pete SWETMAN	East Surrey RC—Club Event	01:29:41	
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