



the RUGBY MATTERS @ Northwich RUFC

Welcome to the Rugby Matters @NRUFC. Issue 3. Season 2018-19.

Are you keeping up to date with all things Black & Gold? Our club newsletter's aim is to enhance communication in all matters club related, particularly: To inform members of the aims of the club, inform of current News and Events, membership benefits particularly those offered by our sponsors & to grow our membership & volunteers and create greater awareness in the community of the clubs contribution.

THANK YOU from the editor to our readers of the Rugby Matters, our website analytics record a steady increase in viewing figures for all our newsletters.

We hope you have all enjoyed your summer holiday breaks home or abroad, whilst behind the scene at Northwich rugby there has been plenty of activity shaping and strengthening not only our players and membership but our community presence.

August is another busy month preparing for the rapidly approaching season and your services are once again required, M&Js are relaunching, the final & historically biggest car boot sale of summer, Northwich Festival and some final ground tidying needs volunteers.

Sponsorship of club & players is active, Northwich Festival is a smaller 2 day event but entertainment packed & if all our membership promptly pay their fees we may have a financially sound foundation for the rugby to commence 25th August Cheshire Vase v Anselmians at Moss Farm.

In this edition

Membership Fees

Club Social

A sponsor's offer

Pre-season Senior's

Pre-season M&Js

Free members benefit

& much more

It is that time of the year when your membership fees are due. We are pleased to inform members Northwich RUFC will hold the membership fees at last year's rate and we continue to be the most inexpensive rugby club in Cheshire.

If you have subscribed by standing order or direct debit you need do nothing, BUT if you pay by cash, card or cheque your 2018-19 membership fees are due NOW.

The income from the membership makes a significant contribution to fielding our various teams. Without the membership fees, there would simply be no rugby for us to watch. We ask all our members to make a fair and equitable contribution to the general upkeep of the club. We have always made provision for the unemployed & students by offering favourable rates. If, any family or individual are having further difficulties then arrangements can be made at the discretion of the committee. These arrangements will remain private between both parties. Financial constraints are not a barrier to playing rugby. We believe the club is like a family who tries to look after its members in bad times. This can be repaid either on the field or by helping the club in better times.

Northwich RUFC main goal is to bring the benefits of the game of Rugby Football Union to its wider local community. We need your help to grow our membership. As a thank you, for each additional Non Playing member you introduce* to our club who takes up membership, we would like to invite you both to a FREE pre-match buffet & beer, so your friends get to enjoy the Northwich experience.

*This offer is limited to a maximum of two new members who must not have been a member of our club in the last five years.

*For the purpose of this offer each membership category equates to one member.

*Offer does not include new members to the Mini & Junior section.

CLUB SOCIAL & Northwich Festival

26th August from 11.45am we are holding our 1st ALL CLUB social event, following our #oneclub ethos we invite all our players, non-players, families, friends and followers to join us for a meet & greet day to integrate all members with a full day of entertainment both in and around the club house. It is also day 1 of the Northwich Festival. Please support our community activities whilst getting to know our membership.



www.NORTHWICHFESTIVAL.co.uk
**MOSS FARM LEISURE
CENTRE COMPLEX**

BANK HOLIDAY WEEKEND 26TH & 27TH AUGUST

SUNDAY
FAMILY FUNDAY
LIVE BANDS
**CHESHIRE SCOOTER RIDE IN
LICENCED BAR**

**FREE
ENTRY**

MONDAY
NORTHWEST STRONG MAN
CAR BOOT & CLASSIC CAR & VEHICLE SHOW
FAMILY ENTERTAINMENT
OPEN AIR MUSIC
LICENCED BAR

Northwich Festival

Northwich Rugby Club have organised the annual Northwich Festival since 1984 promoting sport, fitness and well-being events through the clubs outreach program. The festival intension is twofold, to raise funds for these activities and to help local charities and special interest groups, advertise their work and activities and secondly perhaps more importantly it puts Northwich in the Heart of Cheshire on the map. It is often quoted that the Northwich Festival is "The Jewel in the Crown" event in the Northwich social calendar and looking at the packed 2 day programme it is not hard to see why.

Whether you are a weekend sports fan, music fan, petrol head or just a family looking for a great **free** Bank Holiday day out then come down to Moss Farm and join us for some music , fun and adventure. This invitation is extended to all the new families moving into our area.



Nicky Naylor Hi everyone we need volunteers, can you let me know if you have a Food hygiene certificate and if you willing to help with the bbq's on Bank holiday Monday and if you don't have one I will arrange thanks in advance.



SPOTLIGHT on our Sponsor's

Without out sponsors, the club could not continue as it does and so we want to show how much we really do appreciate them.

Ark Veterinary Surgery has renewed their sponsorship for another season. They have surgeries in both Northwich and Mobberley where a dedicated team of highly qualified professionals offer a comprehensive range of medical services. Both branches are fully self- contained with hospitalisation facilities. Both have on site laboratories so blood samples can usually be processed within 10 minutes if required. Having also a wide range of facilities for routine veterinary procedures.

Northwich 01606 810777

Mobberley 01565 872035

ARKVETS.ORG.UK

20% Discount voucher (below)



All players and members of staff from Northwich Rugby Club are entitled to a 20% discount on services and treatment with Ark Veterinary Surgery during the sponsor partnership.

Please contact your nearest surgery to register, or if you are an existing client to arrange the discount.

Northwich
10 Regency Way
Kingsmead
CW9 8UW
01606 810777

Knutsford
83 Town Lane
Mobberley
WA16 7HH
01565 872035

Sponsors offer is only available to fully paid or active subscribing Club members for the 2018-19 season, the pet must be registered to the player or member at Arkvets. A voucher must be presented to the surgery to receive the discount. To access your 20% Discount voucher simply take a snap shot photo above, the voucher is also available to print off from our website under heading Information/ Documents.

Senior Rugby

Northwich player's pre- season started at the Athlete Factory in Chester June 23rd, with 8 weeks of strength and conditioning. Field training commenced 3rd June, and continues every Tuesday and Thursday right up till the first pre-season game potentially booked in on the 18th August, then a Cheshire cup game on the 25th.

As fitness coach Mike Donnan said "Pre-season is going to be taken really serious this year working on the mistakes all teams were making last season. Fitness will actually be enjoyable with more ball in hand fitness sessions. My goal is to have the boy's fitter than any other pre-season we need to be fighting fit.



Mini & Junior Rugby

A few words, about the M+J's and the forthcoming season. There is a lot of work going on behind the scenes that will hopefully come to fruition in September.

We are currently putting in a lot of effort and resources to re-build the junior section of the club. However as you will have direct experience of, we are highly dependent on the good nature of our members and parents to volunteer and help run Sunday rugby. Last season, we started well with volunteers for age group U7s and U8s, however due to personal reasons, many of the coaches and helpers in these age groups could not commit part way through the season, and with no new blood to step in, we had no one to run the younger age groups. We are currently actively seeking volunteers to run the younger age groups, so should you be aware of anyone, please let me know. If not already qualified, we will of course support them through their RFU training.

Running side by side with our search for individuals to run an U7 & U8s group, we will be actively marketing the club in Northwich before the start of the season to make sure we get enough children down to make the age group viable.

In regard to the U14s & U15's I believe it is the intention to keep them as the one team, unless of course we have an influx of new players join at the start of the season. At this age group, it is difficult to start a new team unless of course one moves to us on masse from another club.

Please let me know if you have any further questions.

Regards
Simon Pritchard Jones



For those of you on social media with twitchy thumbs you can now follow us on Instagram please give the Northwich RUFC pages a follow.

We have over 2,000 twitter followers and just started Instagram. We will be sharing links to the website, training photos and videos, advertising sponsors amongst other things. Hopefully we can use social media to support the good work taking shape behind the scenes and attract new fans and players!



We send sincere condolences to ex-players Peter & Jeremy and the Hudson family on the recent passing of their father, who was an avid supporter and spectator at Northwich for many years.



250 CLUB latest winners,

July 1st prize £80 Ken Jones, 2nd prize £35 T Rawling. Membership continues to steadily increase as does prize monies Join in only £4 per month or £48 per annum, with monthly payment by standing order or annual by either cash, cheque. Registration via Ken Jones or Roger Farley

ANOTHER FREE MEMBERSHIP BENEFIT



Using in house skills and businesses at Northwich RUFC

You often see posts on Social Media asking for recommendations, so why not use club members first.

If you are a paying member of the club, we want to promote the use of your skills and business to the rest of our membership.

If you are a tradesman or own a business and are a club member and would like to take advantage of this free offer, please email details of your trade, skill, or business to jablowner@hotmail.com

A compiled list will be available on our website and future newsletter.

RFU trialling new tackle law



The RFU are to introduce a trial to lower the height of a legal tackle in rugby next season as part of efforts to make the game safer.

The height of a legal tackle will now need to be below the armpits rather than the line of the shoulders as is currently the case.

The trial will be limited to the Championship Cup competition, but at least it's a start and gives the powers that be the opportunity to assess the impact of lowering the height of the tackle on brain injuries and concussion.

From the ARCHIVES

What have Northwich Rugby club, Mount Everest and the Grand Canyon have in common? Well of course they are all world record holders. After the second attempt Northwich claimed the world record for their annual Year 5/6 Tag Rugby tournament, and after waiting for the record to be ratified can now declare themselves 'Guinness World Record holders for the World's Largest Tag Rugby Tournament'. Probably the only rugby club in the country to hold a world record, Northwich have been holding their regular schools tag tournament for over 15 years. "We've been regularly running large tournaments for children but felt our peers in other clubs were getting more publicity, so we decided to 'raise the bar' in 2006. and increase the size of our tournament and apply for the Guinness World Record."



Our website is: www.northwichrufc.co.uk

Follow us on Facebook @ NorthwichRugbyUnionFootballClubOfficial

Follow us on Instagram & Twitter @ Northwich RUFC